

Family Illness in Children

	Visible Qualities	Inner Feelings	Represents to Family	Characteristics	Possible Future Characteristics	
Family Hero	Visible success Does what's right	Inadequate	Self-worth (Family can be proud)	High Achiever Grades Friends Sports	<u>Without Help</u> Workaholic Never wrong, responsible for everything Marry dependent	<u>With Help</u> Accept failure Responsible for self, not all Good executives
Scapegoat	Hostility Defiance Anger	Hurt Guilt	Take focus off the alcoholic	Negative attention Won't compete with "family hero"	Unplanned pregnancy Trouble maker in school and later in office Prison	Accept responsibility Good counselors Courage Ability to see reality
Lost Child	Withdrawn Loner	Loneliness Unimportant	Relief (one child not to worry about)	"Invisible" Quiet No friends Follower Trouble-making	Little zest for life Sexual identity problems Promiscuous or stays alone Often dies at early age	Independent Talented Creative Imaginative Self-actualized
Mascot	Fragile Immature Needs protection	Fear	Fun and humor (comic relief)	Hyperactive Learning disabilities Short attention span	Ulcers, can't handle stress Compulsive clown Marry "hero" for care Remains immature	Take care of self No longer clown Fun to be with Good sense of humor

Information taken from "Family Trap" (1976) and "Another Chance Hope and Health for the Alcoholic Family" (1981) by Sharon Wegscheider-Cruse
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