

How Do I Know if My Partner or I Have a Substance Abuse Problem?

Does Your Partner Display...?:

- Physical Tolerance
- Withdrawal
- Unsuccessful attempts to stop or control use
- Use of larger amounts of substance than intended
- Loss or reduction in important recreational, social, or occupational activities
- Continued use of substance despite knowledge of physical or psychological problems which are likely caused or exacerbated by substance use
- Excessive time spent using the substance or recovering from its effects

According to the DSM-IV-TR, an individual displaying three of the above seven symptoms may have **Substance Dependence**

Does Your Partner Also Display...?:

- Failure to fulfill major social obligations in the context of work, school, or home
- Recurrent use in dangerous situations
- Recurrent substance-related legal problems
- Continued substance use despite having persistent social or interpersonal problems caused by the effect of the substance

Individuals who also display one or more of the above symptoms in addition to qualifying for Substance Dependence may be suffering from **Substance Abuse**